



Community Resource Guide



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WAHKIAKUM HEALTH & HUMAN SERVICES

WAHKIAKUM COUNTY HEALTH & HUMAN SERVICES

Locations:

Elochoman Campus: 42 Elochoman Valley Rd, Cathlamet, WA

Hope Center: 320 South 3rd Street, Cathlamet WA

PO Box 696, Cathlamet WA

Phone:

Elochoman Campus & Hope Center..... (360) 795-8630

Toll Free (800) 635-5989

Health Department..... (360) 795-6207

Toll free (888) 452-0326

Website www.co.wahkiakum.wa.us

Facebook

facebook.com/WahkiakumCountyHealthandHumanServices

Instagram www.instagram.com/bewellwahkiakum/

Offering the following services:

Substance Use Disorder	Mental Health
Food Worker Permits	Community Outreach
Immunization	Developmental Disabilities
Lab Test / Water	Elochoman Valley
Partners	
Environmental Health	Public Health
Family Planning Services	Wahkiakum on the Move
Food Establishment Permits	Vital records.
WIC program	

CHILD / ADULT / FAMILY HEALTH

Children with Special Health Care Needs Program. RN case management and support for families with children ages birth to 18 who have or are at risk for disabilities, handicapping conditions, chronic illnesses and conditions, health-related educational and behavioral problems.

WOMEN INFANT & CHILDREN (WIC)

State sponsored nutrition program for pregnant mothers and children birth to 5 years of age. Services include Immunizations, Maternity Support and Infant Case Management, Women, Infants and Children

IMMUNIZATIONS AND DISEASE TESTING

Immunizations for children and adults: TB testing; HIV and (STD) testing. Fees vary, sliding scale. COVID and other vaccines.

FOOD PERMITS / ENVIRONMENTAL HEALTH

Offering food handlers permits, food permits for permanent business and temporary food events. Environmental Health services include food service establishment permits; water testing; site evaluations; septic permits. Call for information. Or email at ehs@co.wahkiakum.wa.us
For food handlers card only www.foodworkercard.wa.gov

VITAL RECORDS

Certified copies of a Washington birth and death certificates can be obtained for \$25.00 each. While you wait: Certified copies of Wash. birth certificates from 1921 to present, before 1921, call (360) 236-4300. For information on ordering out-of-state birth certificates, call 800-255-2414. For Washington death certificates outside of Wahkiakum County, call 1 360 236-4300. For death certificates outside of Washington State, call VitalChek (800) 255-2414. www.vitalchek.com

BREAST AND CERVICAL HEALTH PROGRAM

Pregnancy testing, emotional support, legal, medical, educational, prenatal information, maternity, baby clothes, adoption information. Services are confidential.

DISEASES TRANSMITTED BY ANIMALS

Information, referral and follow-up on animal-transmitted diseases; bat, cat and dog bite exposures; rabies consultation, testing and referral; Hanta virus/rodent education. \$50.00 state lab bat testing fee.

MENTAL HEALTH SERVICES

Wahkiakum County Mental Health Services offers individual and family mental health counseling, behavioral health advocacy services, psychiatric, medication services, case management, consultation education, psychiatric evaluation and medication management.

SUBSTANCE USE SERVICES

Wahkiakum County Substance Use Disorder (SUD) Program offers a wide range of SUD services at our facility. These services include drug and alcohol assessments, individual counseling, and group sessions for both adults and youth. Our program is designed to help people experiencing the disease of addiction to gain the knowledge and understanding of the addiction process and facilitate their recovery. We offer intensive outpatient services and outpatient services for individuals who are involved with the following: DUI treatment, Alcohol and Drug Evaluations

Services (ADES) Oregon, DOL for Washington State to assist individuals in getting their license reinstated, probation, DOC, Deferred Prosecution, and DOSA services.

COMMUNITY OUTREACH & EMERGENCY ASSISTANCE

Information and Referral and Emergency Assistance: Rent/Utilities; Emergency shelter and Transitional Housing Programs; State Cash/Food/Medical Applications; Emergency Vouchers; Furniture Linkups, etc. Providing short term housing or temporary shelter options, assistance, and referrals to low-income families, elderly, handicapped or disabled individuals in Wahkiakum County.

BASIC FOOD APPLICATION ASSISTANCE

Provide assistance connecting with DSHS for cash and food assistance programs.

DEVELOPMENTAL DISABILITIES

Services for people with developmental disabilities including children from birth to age three: Supportive and assessment services provided to families with infants, usually under contract to The Progress Center.

Supported Employment: Services aimed at encouraging individuals to seek and hold work. These services include assessment of job necessary skills, career and employment explorations, on-the-job training, job development and placement, job coaching and support.

Elochoman Valley Partners, LLC: A limited liability corporation, formed in partnership between clients of Wahkiakum Health & Human Services. The company was formed to create job opportunities for community members.

EMPLOYMENT SERVICES

Employ Wahkiakum offers services aimed at encouraging individuals to seek and hold work. These services include assessment of job necessary skills, career and employment explorations, on-the-job training, job development and placement, job coaching and support. WorkSource Job Search Available: Check out job listings posted online by Employment Security. For more information, please contact Employ Wahkiakum at employ@co.wahkiakum.wa.us

TRANSPORTATION

WAHKIAKUM ON THE MOVE

42 Elochoman Valley Road Cathlamet, WA 98612

Phone (360) 795-3101

Toll Free (800) 795-3101

Websitewww.co.wahkiakum.wa.us/239/Transit

Transportation is available to all residents from youth to seniors throughout the county. Seniors ride free. Routes run Monday-Saturday. Call or visit the county website for current schedules, locations, and times.

WAHKIAKUM COMMUNITY NETWORK (WCN)

320 South 3rd Street, Cathlamet, WA 98612

Phone (360) 795-8630

Email WCN@co.wahkiakum.wa.us

A local coalition of volunteers and service providers representing local government officials, schools, law enforcement, social and health services, youth-serving organizations, faith community, parents, youth and other sectors comprising Wahkiakum County. Their mission is to help youth and families stay healthy and free from the harms of drugs, alcohol, tobacco and vaping. Among other programs, WCN coordinates the

Wahkiakum Youth Mentoring Program

Phone (360) 795-8630

Website . www.co.wahkiakum.wa.us/540/Wahkiakum-Youth-Mentoring-Program

The Wahkiakum Youth Mentoring Program's mission is to strengthen youth connections to our local community by providing opportunities through adult support and community involvement. Our goal is to build healthy minded, confident skilled young leaders.

CHILDREN SERVICES

ADOPTION / FOSTER PARENT

BOYS & GIRLS AID

Phone (503)542-2301

Website www.info@boysandgirlsaid.org

We have 135 years of experience working to ensure children at-risk of growing up without a family are connected with a lifelong connection.

CHILDCARE

ST. JAMES FAMILY CENTER

134 Columbia Street, Cathlamet, WA 98612

Phone (360) 795-8612

Toll Free (800) 350-8622

Fax (360) 795-6027

Website www.stjamesfamilycenter.org

Licensed childcare from 7:30 a.m. to 6 p.m. Office hours are 8:30 a.m. to 4:30 p.m. Ages 30 months and fully potty trained through 12 years.

Early Childhood Education & Assistance Child and Family Development programs including **Pre-School**, home visits health developmental screenings, social service referrals, transportation, and parent involvement opportunities through our ECEAP program.

CHILD CARE AWARE OF WASHINGTON

Phone (800) 446-1114

Website www.childcareawarewa.org

A nonprofit organization dedicated to ensuring that every child in Washington has access to high-quality childcare and early learning programs. Created by state statute in 1986 and incorporated in 1989, it is the only statewide childcare resource and referral program in Washington.

BRIGHT SPARK EARLY LEARNING SERVICES

Phone..... (800) 446-1114

Website www.thebrightspark.org

BrightSpark can help you find the right childcare options for your family's unique values, lifestyle, and budget. Call the Child Care Aware of Washington (CCA of WA) Family Center or check out our online provider database to get started.

EARLY CHILDHOOD LEARNING CENTER

Lower Columbia College

1600 Maple Street, Longview, WA 98632

Phone..... (360) 442-2903

Fax (360) 442-2829

Website www.lowercolumbia.edu/childcare

Childcare for children one (1) month through six (6) years for LCC students, staff, and faculty.

PARENTS PLACE

928 23rd Avenue, Longview, WA 98632

Phone..... (360) 414-9212

Fax (360) 575-8123

Website www.parentsplacelv.org

A 28-year-old nonprofit family resource center dedicated to promoting healthy parenting, strengthening, and supporting families. They offer classes, referrals, support groups, and supervised visitation to families throughout Cowlitz and Wahkiakum County.

PROGRESS CENTER

1600 3rd Avenue, Longview, WA 98632

Phone..... (360) 425-9810

Fax (360) 425-1053

Website www.theprogresscenter.org

Dedicated to helping children meet their developmental milestones by age three. Progress Center provides early intervention in the forms of education, therapy and prevention to young children with special developmental needs, or with risk of developing developmental delays.

CHURCHES

Church of Jesus Christ

35 Messenger Hill Rd, Cathlamet, WA

Phone (360) 795-3595

River of Life Assembly

35 Main St., Cathlamet, WA

Phone (360) 795-3465

St. Catherine Roman Catholic Church

400 Columbia St., Cathlamet, WA

Phone (360) 795-8725

Seventh Day Adventist Church

3 Fernhill Rd., Cathlamet, WA 98612

Phone (360) 795-0425

Heritage Bible Church

193 N. Welcome Slough Rd, Cathlamet, WA 98612

Phone (360) 849-4433

Our Saviors Lutheran Church

549 Washington 409, Cathlamet, WA 98612

Phone (360) 849-4412

The Bridge Church

503 WA-409, Cathlamet WA 98612

Phone (971) 303-6255

Website www.thebridgecathlamet.org

Lower Columbia Baptist Church

1097 E Valley Rd. Skamokawa, WA 98647

Phone (360) 783-7028

Valley Bible Church

4723 State Route 4 West, Rosburg, WA 98643

Phone (360) 462-2425

Website www.vbcr.org

CLOTHING

CATHLAMET CLOTHING BANK

3 Fernhill Road, Cathlamet, WA 98612

Phone – Laurita..... (360) 465-2611

Free clean, used clothing for men, women, and children. Hours of Operation are Wednesdays form 10 a.m.-2 p.m. Donations of clean clothing and bedding only accepted at that time also.

ST VINCENT DE PAUL LONGVIEW

1222 Baltimore Street, Longview, WA 98632

Phone..... (360) 577-0662

Hours of Operation are Mondays, Wednesdays, and Fridays from 8:30-11:30 a.m. and the first and third Tuesdays of each month from 4:30-5:30 p.m. Clothing and bedding donations accepted during times.

FISH OF COWLITZ COUNTY

1526 Commerce Ave, Longview, WA 98632

PO Box 135 Longview, WA 98636

Phone..... (360) 636-1100

Free clean, used clothing for men, women, and children. Open 9 a.m.-12 p.m. and 1-4 p.m. Call Monday-Friday 1-4 p.m. Membership open to anyone 18 years of age or older. Donations of clean clothing and bedding accepted at that time.

COMMUNITY GROUPS

CATHLAMET WOMAN'S CLUB

PO Box 526, Cathlamet, WA 98612

Phone:

Caroline..... (909) 855-3149 or

Pearl..... (770) 298-7164 or

Maureen..... (360) 562-5792

Year-round fundraising for community improvements and special projects. Membership is open to all women in the county. Volunteer Services for community enhancement.

GRAYS RIVER GRANGE

P.O. Box 124, Grays River, WA 98621

Phone (360) 465-2268

Website www.graysrivergrange.org

Email graysrivergrange124@gmail.com

Meetings are held on the 2nd and 4th Tuesday of each month. All are welcome. Facility and kitchen available to rent for meetings, receptions, etc. No fee for public meetings for community benefit.

JOHNSON PARK FACILITY

30 Rosburg Rd, PO Box 15 Rosburg, WA 98643

Phone (360) 465-2310

Open Tuesdays-Saturdays 12-5 p.m. unless otherwise scheduled. Call or check location calendar for available times for the following:

Dress a Girl Group Peal Blackburn: Phone (770) 298-7164

Library / Computer Lab: Tuesdays-Thursdays 12-5 p.m.

Grays River Enhancement: Judy Johnson (360) 465-2659

Wahkiakum Co. Health & Human Services: by appt. only
(360) 795-8630

West End Food Pantry: Thursdays 1-5 p.m.

Garden Club: 1st Thursday of the month at 6 p.m.

Sheriff's Department Sub-station: by appointment

Sewing Room: Tuesdays 10 a.m.-2 p.m.

PIONEER CHURCH ASSOCIATION

125 Columbia Street, Cathlamet WA 98612

P.O. Box 24, Cathlamet, WA 98612

Phone (360) 795-3203

Website www.pioneercommunityassociation.org

Email pcacathlamet@gmail.com

billsueholmes@msn.com

Historical restoration association with the stated goal of restoring the Pioneer Church as a performing arts center. Performance hall available for rent for weddings, memorial services, private performances, etc. Seats 100, handicap accessible. Church basement also available.

ROSBURG COMMUNITY CLUB

28 Rosburg Hall Rd, Rosburg, WA 98643

Phone (360) 465-2251

Fundraising activities to support upkeep and maintenance of the Rosburg Hall, which is used by the community for social events. Membership is open to all interested Rosburg residents.

ROSBURG HALL

28 Rosburg Community Hall Rd., Rosburg, WA 98643

Phone (360) 465-2691

Large community facility available for receptions and gatherings including weddings, family reunions, graduations, and funeral receptions. Certificated kitchen, ample parking, restrooms; handicap accessible. Located 1,000 feet off SR 4 on Altoona-Pillar Rock Rd.

VOLUNTEER CHORE Services

Catholic Community Services Family Center

676 26th Avenue, Longview WA 98626

Phone: (360) 577-2200

Helping low-income elderly and disabled with transportation, housework, yard care, shopping, and minor home repairs etc.

WAHKIAKUM CHAMBER OF COMMERCE

102 Main St, PO Box 52, Cathlamet WA 98612

Phone (360) 795-9996

Website www.wahkiakumchamber.com

The Chamber is a service organization for the business community and sponsors various community events. "Working to Encourage, Promote and Preserve the Economic Well-being and Quality of Life for business in Wahkiakum County."

WAHKIAKUM COUNTY FAIR

16 Fairgrounds Road, Skamokawa, WA 98647

Phone (360) 795-3480

Email: wahkiakumfair@gmail.com

Website www.wahkiakumfair.org

Annual community events and every August the County Fair featuring fair entries in all categories such as 4-H, FFA, agricultural; floral, baking, arts and crafts, sewing; open class

youth, adult and seniors; farm animals and exotics; commercial booths; also, entertainment, food booths, etc.

WAHKIAKUM LIONS CLUB

Phone..... (360) 431-3259

Email:elfers-1970@hotmail.com

Community programs including annual Walk-n-Knock food drive for local food banks. Children's Easter egg hunt. Scholarships for graduating seniors. Multiple District #19 operates a free screening of vision and glaucoma. Medical equipment to lend out including wheelchairs, crutches, nebulizers, etc. Call for information on membership and/or services.

DOMESTIC VIOLENCE/ ABUSE

CHILD AND ADULT ABUSE

THE CHARLOTTE HOUSE

DOMESTIC VIOLENCE SHELTER AND ADVOCATES

PO Box 642, Cathlamet, WA 98612

Phone..... (360) 795-6401

Fax (360) 795-0806

24-Hour Hotline (360) 795-6400

Toll free (866) 795-9381

Website www.stjamesfamilycenter.org/

The Charlotte House provides shelter for women and children who are victims of domestic violence. Clients may self-refer or be referred by agencies. Legal, medical, and social service advocacy for all domestic violence victims, both in the shelter and in the community. 24-hour domestic violence hotline staffed by domestic violence advocates on call for crisis intervention. Information and referral.

THE CHARLOTTE HOUSE SEXUAL ASSAULT SERVICES

PO Box 642, Cathlamet, WA 98612

Phone..... (360) 795-6401

Fax (360) 795-0806

24-Hr. Hotline (360) 795-6400

Website www.stjamesfamilycenter.org/

Twenty-four-hour response to requests for information or assistance related to sexual abuse/assault. Crisis intervention, medical advocacy, legal advocacy, and therapy available for present and past victims of sexual assault/abuse. Prevention and education can be provided to

agencies and community members. Services men, women and children; clients may self-refer or be referred by agencies.

**CHILD PROTECTIVE SERVICES (CPS)
DIVISION OF CHILDREN AND FAMILY SERVICES**

711 Vine Street, Kelso, WA 98626

To Report Child Abuse:

Main desk..... (360) 501-2600 or
Reception(800) 281-2372
Fax(360) 577-2382
CRISIS LINE: (24 hours).....(866) 764-2233
Website www.dshs.wa.gov/

CPS works to protect children from abuse and/or neglect while preserving the family's integrity and cultural and ethnic identity, consistent with the children's safety and permanency needs. Referred families are assigned to a CPS social worker for varied support services. Consultation and information to persons wanting to discuss potential referrals. CPS is available 24 hours.

Family reconciliation services: For families in conflict or with runaway children. Designed to develop skills and supports.

Child welfare services: Rehabilitation in identified problem areas and reconciliation of children with their families in the event of a dependency action, out-of-home placement services, adoption of legally free children, recruitment/retention of licensed foster homes, and coordination of services with other social agencies within the community.

CRISIS SUPPORT NETWORK

762 Ballentine St., Raymond WA 98577

24-Hour Hotline (800)-HELP-CSN or
(800) 435-7276
Fax (360) 875-6701
Website crisis-support.org

Advocacy work with victims of sexual assault and domestic violence. Sexual assault services for Wahkiakum and Pacific County residents. No fees.

EDUCATIONAL

SCHOOLS/RESOURCES

J. A. WENDT ELEMENTARY

265 S. 3RD St., Cathlamet, WA 98612

Phone (360) 795-3261

Fax 360-795-3205

Website <https://wahksd.k12.wa.us/JAWES>

JOHN C. THOMAS MIDDLE SCHOOL

265 S. 3RD St., Cathlamet, WA 98612

Phone (360) 795-3261

Fax 360-795-3205

Website <https://wahksd.k12.wa.us/JCTMS>

WAHKIAKUM HIGH SCHOOL

500 S. 3rd St Cathlamet, WA 98612

Phone (360) 795-3271

Fax (360) 795-0545

Website <https://wahksd.k12.wa.us/WHS>

WAHKIAKUM SCHOOL DISTRICT

500 S. 3rd St., PO Box 398, Cathlamet WA 98612

Superintendent's Office..... (360) 795-3271

Fax 360-795-0545

Website www.wahksd.k12.wa.us

NASELLE-GRAYS RIVER VALLEY SCHOOL DISTRICT

793 State Route 4, Naselle, WA 98638

Phone (360) 484-7123

Fax (360) 484-3191

Website <https://www.esd112.org/schooldistricts/>

NASELLE-GRAYS RIVER K-12 SCHOOL

793 State Route 4, Naselle, WA 98638

Phone (360) 484-7121

Fax (360) 484-3191

Website <https://www.naselle.wednet.edu/>

LOWER COLUMBIA COLLEGE

1600 Maple Street; PO Box 3010, Longview, WA 98632

Website www.lowercolumbia.edu

General phone numbers

Admissions/Registration..... (360) 442-2370

Career/Employment (360) 442-2120

Student Services (360) 442-2300

Financial Aid..... (360) 442-2390

General Information (360) 442-2000

ADULT BASIC EDUCATION, GED and ESL CLASSES

Phone (360) 442-2580

Fax (360) 442-2589

Adult basic education and GED preparation are available to anyone 16 years or older needing to review or learn basic skills. 19 or under must have high school release.

Email transitionalstudies@lowercolumbia.edu

SPECIAL SERVICES/SPECIAL POPULATIONS

Phone (360) 442-2340

DISABILITY SUPPORT SERVICES maintain L & I contracts and assist students with registering for classes; provide accommodations for disabled students attending LCC. Non-traditional jobs program.

Email mmorgan@lowercolumbia.edu

CLATSOP COMMUNITY COLLEGE

1653 Lexington Ave, Astoria, OR 97013

Phone (503) 325-2411

Website www.clatsopcollege.com

Programs and classes range from academic (two-year programs) to vocational (one-year certificate programs) to community education, distance and online education, adult basic education, GED, and cooperative work experience.

AMERICAN RED CROSS

Southwest Washington Chapter

5109 N.E. 82nd Ave.

Vancouver, WA 98662

Phone (360) 553-3619

If you have a disaster, call 24-hour hotline:

(800) RED-CROSS or (800) 733-2767

Website www.swwashington.redcross.org

Health and Safety Classes include adult, infant and child cardiopulmonary resuscitation (CPR); first aid; HIV/AIDS and preventing disease transmission; pet first aid; babysitting and advanced babysitting. Watch local paper for schedules or call the American Red Cross.

COMPUTER LINK NW

140 3RD St, Cathlamet WA 98612

Phone360-795-5000

www.clnw.com

Internet assistance, computer training, computer support and repairs.

COMPUTER CENTER AT JOHNSON PARK FACILITY

30 Rosburg Rd. PO Box 15 (Old Rosburg School)

Rosburg, WA 98643

Phone (360) 465-2310

Open Tuesday- Saturday noon -5pm unless otherwise scheduled. Call or check location calendar for available times for the following:

WASHINGTON STATE MIGRANT EDUCATION PROGRAM

Wahkiakum School District #200

P.O. Box 398, Cathlamet, WA 98612

Phone (360) 795-3271

Fax (360) 795-0545

Website ... www.governor.wa.gov/oeo/education/migrant.asp

Programs for students up to age 21 who have moved on their own or with their parents within the past three years to seek or obtain temporary or seasonal work. Tutoring, credit recovery, breakfast, lunch, and physical examinations are all free to migrant education students. Scholarship opportunities.

WASHINGTON STATE UNIVERSITY EXTENSION

25 River Street Suite E, Cathlamet, WA 98612

Phone (360) 795-3278

Website wahkiakum.wsu.edu

Information and education on agriculture, forestry, home horticulture, parenting, child and youth development, budgeting, food safety, nutrition education for low income, food preparation and preservation, elder care, gardening, community development; and diversity. Free or low cost.

EMERGENCY RESPONSE

EMERGENCIES:

Fire, First Aid, Sheriff..... Dial 9-1-1

AMERICAN RED CROSS

Southwest Washington Chapter

5109 N.E. 82nd Ave.

Vancouver, WA 98662

Phone (360) 553-3619

If you have a disaster call 24 hotline:

(800) RED-CROSS or (800) 733-2767

Website www.swwashington.redcross.org

24-hour disaster relief. Food, shelter, cleanup, first aid, blood services, health care. Will open shelters and provide food in the event of a wide-scale disaster. Contact Sheriff's Office by dialing 9-1-1 or call 1 800 434-1966.

CRIME VICTIM ADVOCACY PROGRAM

600 Broadway St Building B, Longview WA 98632

Phone (360) 703-3762

24-hour crisis line (888) 288-9221

Website www.cowlitzcvap.com

Free and confidential services to victims of a crime. Victim advocates work to promote the restoration of a crime victim's sense of safety, dignity, and personal power.

SUICIDE NATIONAL HOTLINES

Phone (800) 273-TALK

Available 24 hours/ 7 days a week.

Website www.suicidepreventionlifeline.org/

SUICIDE YOUTH PREVENTION PROGRAM

Phone..... (800) 273-TALK

LGBTQ (866) 4U TREVOR

Website www.yspp.org

The Youth Suicide Prevention Program seeks to reduce suicide attempts and deaths among Washington State youth by building public awareness, offering training, and supporting communities taking action.

WAHAKIUM COUNTY EMERGENCY INFORMATION LINE

64 Main St., Cathlamet WA 98612

Phone..... (360) 795-3911

Toll Free (877) 795-3910

Weather advisories, travel alerts and road condition information from the National Weather Service and Wahkiakum County Sheriff's Office. Updated as new information becomes available.

WASHINGTON POISON CENTER

155 NE 100th Street, Suite 100, Seattle, WA 98125

Phone..... (800) 222-1222

TTY and Language Line 711

Website www.wapc.org

The Washington Poison Center (WAPC)/National Poison Help Line provides immediate, free and expert treatment advice and assistance over the telephone in case of exposure to poisonous, hazardous or toxic substances. Pharmacists, nurses and poison information providers answer the phones. Toll Free 24 hours a day, 7 days a week, 365 days a year.

ST JOHNS MEDICAL CENTER

1615 Delaware St., Longview, WA 98632

Phone..... (360) 414-2000

Toll Free (800) 438-7562

KAISER PERMANETE

1230 7th Ave, Longview, WA 98632

Phone..... (360) 636-2400

(503) 813-2000

Toll Free (800) 257-0001

Website www.kaiserpermanete.org

COLUMBIA MEMORIAL HOSPITAL

2111 Exchange St, Astoria, OR

Phone..... (503) 325-4321

EMPLOYMENT SERVICES/ TRAINING

ADC-PATHWAYS TO EMPLOYMENT

1024 Broadway, Longview, WA 98632

Phone(360) 423-2640

Fax (360) 423-5447

Email info@adcpathways.org

Job training and placement services for people with disabilities and/or economically disadvantaged; WorkFirst participant. Fees through DDD and DVR contracts.

AMERICORPS

906 New York St, Longview, WA 98632

Phone (360) 577-5859

Fax (360) 577-9137

AmeriCorps is a service program for adults of all ages and backgrounds, helping national and community nonprofit organizations, faith-based groups, schools and local agencies meet local needs in education, the environment, public safety, homeland security and other critical areas. Members may receive a living allowance and other benefits while serving. Upon successful completion of services, members receive an education award from the National Service Trust.

COWLITZ INDIAN TRIBE REHABILITATION PROGRAM

928 Fir St, Longview, WA 98632

Phone (360) 575-3318

Job search for Native Americans with disabilities. Job search training, OJT services provided.

GOODWILL/ LONGVIEW VOCATIONS UNLIMITED

Headquartered in Tacoma, operating in 15 counties

1030 15th Avenue, Longview, WA 98632

Phone: TTY/Voice (360) 425-6929

Or (360) 501-8340

Fax (360) 423-6257

Website www.tacomagoodwill.org

Independent supported employment vocational development services: Pre-employment screening, job search, interview skills, job placement and retention services, community-based assessment, resume and application preparation assistance. Computer lab with various adapted equipment. Contact for the WE-A-Youth program.

Vocations Unlimited, a Division of Goodwill Industries:

On-the-job clerical, computer, and cashier training, simulated work evaluations and job accommodation resources.

Deaf/hard of hearing: Vocational counseling and assessment, employer information and referral; on-site staff who sign ASL; computers and clerical training, job retention, community service job placement.

Partners with Industries: Custodial training, computer and clerical training, retail skills training and office skills training.

JOB CORPS

Job Corps Center Tongue Point, Astoria OR

Phone (503) 325-2131

Or (800) 733-5627

Website www.jobcorps.org

Job Corps is a comprehensive residential, education and job training program for at-risk youth, ages 16 through 24. Assistance with integrated academic, vocational, and social skills training needed to gain independence and obtain quality, long-term jobs, or to further their education.

LOWER COLUMBIA CAP

1526 Commerce Avenue, Longview, WA 98632

Phone (360) 425-3430

Fax (360) 425-6657

Toll Free (800) 383-2101

Website .. www.lowercolumbiacap.org/employment-services/

WorkSource partner. Assisting job seekers with self-directed job search, resume writing, interviewing skills/effective communication with potential employers, ways of gaining work experience.

LOWER COLUMBIA COLLEGE CAREER & EMPLOYMENT

1600 Maple Longview, WA 98632

Phone (360) 442-2330

Email careers@lowercolumbia.edu

Career search software; resume development; labor market information; part time and fulltime job listings.

WASHINGTON STATE DEPARTMENT OF VOCATIONAL REHABILITATION

711 Vine Street, Kelso, WA 98626

Phone (360) 501-2499

Or (866) 893-1047

Fax (360) 578-4174

Website www.dshs.wa.gov/dvr/

Vocational assessment, counseling, guidance, independent living, physical or mental restoration, rehabilitation

technology, training, job placement and retention services to people with mental, physical or emotional disabilities.

WORKSOURCE COWLITZ/WAHKIAKUM

305 S. Pacific Avenue, Ste. A, Kelso, WA 98626

Phone (360) 577-2250

Fax (360) 577-2039

Website <https://fortress.wa.gov/esd/worksource/>

WorkSource services include self-directed efforts to job seekers such as kiosks or via the Internet. Workshops on how to get and keep a job and one on one consultations. Referrals to training programs; job referrals and placements. Free use of computers, copiers, phones, faxes and Internet. Access to Unemployment Insurance. Translation services.

FINANCIAL ASSISTANCE

HOUSEHOLD

CRAFT3 AND CLEAN WATER LOANS FINANCING A SEPTIC REPAIR OR REPLACEMENT

Phone (888) 231-2170 ext. 131

Email CleanWater@Cragt3.org

The affordable loan program provides flexible financing for homeowners to repair or replace their failing septic system. The program is also available to many small businesses that use septic systems, such as restaurants, convenience stores, and small manufactured home or RV parks.

ENERGY AND WEATHERIZATION

LOWER COLUMBIA COMMUNITY ACTION PROGRAM

1526 Commerce Avenue, Longview, WA 98632

Phone (360) 425-3430

Fax (360) 425-6657

Toll Free (800) 383-2101

Energy assistance to low-income persons needing help paying winter heating costs for oil, electricity, propane, wood or wood pellets, coal or natural gas. Extension 231.

Weatherization assistance is available to low-income families to improve energy efficiency by installing insulation, weather-stripping, storm and replacement windows and caulking.

Self-help housing programs for low-income families willing to invest sweat equity by constructing their own homes under the supervision of LCCAC staff. Extension 223.

FISH FINANCIAL ASSISTANCE

P.O. Box 135, Longview, WA 98632

Phone (360) 636-1100
Emergency food and clothing assistance, utility bills, work clothes, work boots, prescriptions and some dental assistance to needy Wahkiakum and Cowlitz County residents.

BUSINESS ASSISTANCE

WAHKIAKIUM CHAMBER OF COMMERCE

102 Main Street, Ste. 203, Cathlamet, WA 98612

Phone (360) 795-9996

Fax (360) 795-3944

Business assistance including information on starting a business; county marketing; business recruitment; Washington State visitor information center.

CREDIT COUNSELING SERVICES

CLEAR POINT FINANCIAL SOLUTIONS

Phone (800)750-2227

Website www.clearpointfinancialsolutions.org.

FOOD

FOOD BANKS

ST CATHERINE / ST VINCENT DE PAUL

400 Columbia St, Cathlamet WA 98612

Contact Tom Garstki

Phone (360) 957-5676

Good distribution hours:

1st & 3rd Wednesday of each month 9 to Noon.

CAP Commodity Distribution on the 3rd Wednesday

For more information on commodities call:

(360) 425-3430 Ext 283

WAHKIAKUM FOOD BANK

42 Elochoman Valley Road, Cathlamet, WA 98612

Phone (360) 795-3553

Or (360) 795-8630

Food distribution hours Tuesdays from 2pm to 4pm.

WEST END FOOD PANTRY

32 School House Rd, Rosburg, WA 98643

PO Box 55 Rosburg, WA 98643

Located in the old Rosburg School at Johnson Park.

Phone..... (360) 465-2722

Or (360) 465-2321

Food distribution hours Thursdays from 1pm to 5pm

FUNERAL SERVICES

DOWLING FUNERAL HOME

45 Broadway, Cathlamet, WA 98612

Phone..... (360) 795-3591

Fax (360) 795-0335

COLUMBIA FUNERAL SERVICE

1105 Maple St., Longview, WA 98632

Phone..... (360) 636-4211

Fax (360) 636-0065

STEELE CHAPEL, LONGVIEW MEMORIAL PARK

5050 Mount Solo Road, Longview, WA 98632

Phone..... (360) 423-3880

Fax (360) 423-3055

LOCAL GOVERNMENT



WAHKIAKUM COUNTY OFFICES

Assessor	(360) 795-3791
Auditor (marriage, vehicle licenses).....	(360) 795-3219
Building Permits	(360) 795-3067
Clerk (passports).....	(360) 795-3558
Commissioner	(360) 795-8048
County Dump K-M Hill.....	(360) 465-2615
Courthouse (from West End)	(360) 465-2654
District Court	(360) 795-3461
Emergency Management	(360) 795-3242
Fair (Skamokawa Fairgrounds).....	(360) 795-3480
Health & Human Services Dept	(360) 795-8630
Noxious Weed Control	(360) 795-3852
Prosecuting Attorney.....	(360) 795-3652
Public Works	(360) 795-3301
Road Shop: Cathlamet.....	(360) 795-3251
Road Shop: Rosburg	(360) 465-2241
Superior Court	(360) 795-3558
Treasurer	(360) 795-8005
Wahkiakum on the Move	(360) 795-3101
WSU Cooperative Extension	(360) 795-3278

SHERIFF'S OFFICE

EMERGENCY	Dial 911
Business calls to Sheriff's Office	(360) 795-3242
West End.....	(360) 465-2202
Emergency Information Line (recording).....	(360)795-3911
Toll-free from Westend.....	(877)795-3910
Website	www.co.wahkiakum.wa.us

TOWN OF CATHLAMET

375 2nd Street, Cathlamet, WA 98612

PO Box 68, Cathlamet, WA 98612

Phone (360) 795-3203

Fax (360) 795-8500

Website www.townofcathlamet.com/

GOVERNMENT NATIONAL

INTERNAL REVENUE SERVICE

Order Tax Forms (800) 829-3676

Download Tax Forms Online www.irs.gov

Tax Information/Problem Resolution Office

Phone (800) 829-1040

Telefax Recorded Information and Automated Refund
Information (800) 829-4477

TDD (Hearing Impaired) (800) 829-4059

POST OFFICES

Cathlamet

30 River St, Cathlamet

Phone (360) 795-3619

Rosburg

4182 State Route 4 West, Rosburg

Phone (360) 465-2418

Skamokawa

1391 West State Route 4 Skamokawa

Phone (360) 795-8731

Website www.usps.com/

SOCIAL SECURITY/ MEDICARE

1145 14th Avenue, Longview

Phone (866) 495-0044

General Information (800) 772-1213

Website www.ssa.gov

U.S. DEPARTMENT OF VETERAN'S AFFAIRS

Benefit Information and Assistance

Phone (800) 827-1000

Website www.va.gov

GOVERNMENT WASHINGTON STATE

CHILD SUPPORT DIVISION

Automated: Vancouver Office (800) 345-9984
or Olympia Office (800) 468-7422
Website www.dshs.wa.gov/dcs

DRIVER LICENSING

214 S., Kelso Drive, Kelso
Recorded information (360) 577-2235
or (360) 577-2236
Driver License information www.dol.wa.gov

EMPLOYMENT SECURITY

Apply for Unemployment Insurance Benefits
Phone 1 800 318-6022
Website www.go2ui.com

FISH HATCHERIES

Beaver Creek Hatchery
714 Elochoman Valley Rd, Cathlamet WA 98612
Phone (360) 795-3608

Grays River Hatchery
Phone (360) 465-2446
Website wdfw.wa.gov

FISH AND WILDLIFE DEPARTMENT

Julia Butler Hansen Refuge for the White-tailed Deer
46 Steamboat Slough Rd
Phone (360) 795-3915
Website wdfw.wa.gov

FOSTER CARE LICENSING, INFORMATION, COMPLAINTS

Phone (360) 501-2600
Website www.dshs.wa.gov/

INSURANCE COMMISSIONER

Insurance Complaints and Inquiries, Consumer Division
Phone (800) 562-6900
Website www.insurance.wa.gov/

HEALTH CARE AUTHORITY – HEALTH INSURANCE

Phone (360) 725-9542
Email Rochelle.cothren@hca.wa.gov
Or apply online at www.wahealthplanginder.org

LABOR AND INDUSTRIES

900 Ocean Beach Highway, Longview, WA 98632

Phone (360) 575-6900

Fax (360) 575-6918

Website www.lni.wa.gov/

SOCIAL AND HEALTH SERVICES (DSHS)

711 Vine Street, Kelso

Customer Service Center (877) 501-2233

(food/medical/public assistance, check on application status)

Website www.dshs.wa.gov/

STATE PATROL – EMERGENCY CALLS ONLY

797 State Route 4, Naselle, WA 98638

Phone (360)484-3130

Phone Emergency Calls..... (800) 283-7808

Website www.wsp.wa.gov/

TRAVEL INFORMATION SYSTEM WASHINGTON STATE DEPT. OF TRANSPORTATION

Cathlamet office

Phone (360) 795-3400

For Recorded Travel Info Dial 511

or (800) 695-ROAD (7623)

Website www.wsdot.wa.gov

HEALTH SERVICES

DENTAL

Cowlitz Family Health Center

Phone (360) 636-3892

Eligible for children 0 to 6 with Medicaid who live in Wahkiakum or Cowlitz County.

Dr. Corey Blankenship, DMD

280 2ND St., Cathlamet

Phone 360) 795 3235

Fax (360) 544-0123

Children w/medical coupons accepted; Tues. 8-6, Wed. 8-5, Thurs. 9-4. Lunch from 1-2.

FAMILY HEALTH DENTAL

1057 12th Avenue, Longview WA

Phone (360) 414 1300

Fax (360)636-4420

Medicaid / sliding scale and the denture clinic free consults

EYE CARE

EYECARE AMERICA - GLAUCOMA PROJECT

P. O. Box 429098; San Francisco, CA 94142-9098

Phone (877) 887-6327

Referral Line (800) 391-3937

Website www.pubserv@aaio.org

Public service project of the Foundation of the American Academy of Ophthalmology designed to reduce incidence of undetected glaucoma.

LIONS SIGHT & HEARING COMMITTEE

Assistance with costs associated with eye care and Hearing costs. Applications are available at Wahkiakum County Health & Human Services. 42 Elochoman Valley Rd, Cathlamet WA 98612.

AMERICAN CANCER SOCIETY

0330 SW Curry Street, Portland OR 97239

24-hour Information Line (800) ACS-2345

Website www.cancer.org

Patient services include: transportation, support groups, individual patient contact, wigs, as well as the 24-hour cancer information line.

AMERICAN DIABETES ASSOCIATION (Seattle)

2815 Eastlake Ave E. #240, Seattle, WA 98102

Phone (206)282-4616

Or (800) DIABETES

Website www.diabetes.org

Patient and professional activities, lending library, literature, reference and referral. Year-round youth activities, workshops for adults and children, multi-cultural resources. Annual membership \$24.00. Membership not required to receive other services.

HEALTH CARE

FAMILY HEALTH CENTER, WAHAKIYAKUM CLINIC

335 Una Avenue, Cathlamet, WA 98612

Phone (360) 795-3201

After Hours Emergency Phone (360) 795-3201

Fax (360) 795-3209

Website www.cowlitzfamilyhealth.org

Primary care for the entire family - newborns to seniors. Management of chronic medical problems, gynecology and urgent medical care. Physicals for DOT/Coast Guard and other places of employment. Minor office procedures. Medical coupons and sliding fee scale.

FAMILY HEALTH CENTER, LONGVIEW CLINIC

1057 - 12th Avenue, Longview, WA 98632

Phone (360) 636-3892

Medical Clinic (360) 414-1300

Dental Clinic Fax (360) 636-4420

Website www.cowlitzfamilyhealth.org

Comprehensive primary medical and preventive health services, after-hours phone advice, medical coupons and sliding fee scale.

Primary dental care including emergency, diagnostic, restorative and specialty referrals. Medical coupons and sliding fee scale.

The Free Medical Clinic of Community Health Partners

Urgent care services to 18+ uninsured adults. *Wednesday Evenings Walk-ins 5pm-8pm (Last patient registered at 7:30pm)

*Free Medical Clinics -Wednesdays - Walk in 5 -8 pm and Thursdays 2 - 6pm by Appointment.

*Chronic Care -by Appointment Thursday's 2pm - 6pm

*Dental Programs- Offered 4x Per Year

FREE CLINIC OF SW WASHINGTON

4100 SW Plomondon Street, Vancouver, WA 98661

Phone (360) 313-1390

Website www.freeclinics.org

For uninsured adults and children in SW Washington. Services available include: medical, dental, vision, and emergency medication assistance.

HIV/AIDS HOTLINE

Washington State Dept. Of Health HIV/ AIDS

Phone (360) 577-0272

Or (800) 272-AIDS

Project Inform..... (800) 822-7422

AIDS/HIV Nightline (800) 628-9240

Website

<http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/HIVAIDS.aspx>

HIV care and treatment questions addressed. Information on how to live well with HIV/AIDS. Messages can be left and will be returned.

KAISER PERMANENTE

Phone (360) 636-2400

Or (800) 813-2000

Website www.kp.org

PEACEHEALTH / ST. JOHN MEDICAL CENTER

1615 Delaware, Longview, WA 98632

Phone (360) 414-2000

Website www.peacehealth.org

NASELLE MEDICAL CLINIC

21 North Valley Road, PO Box 188, Naselle, WA 98638

Phone (360) 484-7161

Fax (360) 484-7178

After Hrs Emergency Contact

Ocean Beach Hospital (360) 642-3181

Rural Medical Clinic/Family Practice. Acute and chronic illnesses; urgent care for injuries; women's health; well child exams; immunizations; DOT/Coast Guard physicals; health maintenance screening.

MENTAL HEALTH

WASHINGTON HEALTH CARE AUTHORITY

Representative available hours 8-4 Monday thru Friday

320 South 3rd Street, Cathlamet WA 98612

Phone (360) 725-9542

Or (855) 682-0798

Offering affordable insurance programs through Washington State Apple Health insurance.

CATHOLIC COMMUNITY SERVICES FAMILY CENTER

Phone (360) 577-2200

Toll-free (800) 316-6454

COLUMBIA WELLNESS (formerly Lower Columbia Mental Health Center)

Phone (360) 423-0203
Fax (360) 423-2311
24-hour crisis..... (888) 649-6734

PEACEHEALTH BEHAVIORAL HEALTH OUTPATIENT

Phoneadult (360) 414-2236
child (360) 414-2222

RECOVERY HELP LINE

Phone (866) 789-1511
Teen help phone (866) 833-6546
Website www.warecoveryhelpline.org

24-hour help for substance abuse, gambling & mental health.
Free and confidential support. Linkage to local treatment providers, med referrals for Opioid use.

REPRODUCTIVE HEALTH

BIRTHRIGHT

676 – 26th Avenue, Longview, WA 98632

Phone (360) 423-2900
CRISIS LINE (800) 550-4900
Website www.birthright.org

Help and options for pregnant women. Pregnancy testing, emotional support, legal, medical, educational, prenatal information, maternity, baby clothes, adoption information. Services are confidential.

BREAST AND CERVICAL HEALTH PROGRAM

P.O. Box 1600, Vancouver, WA 98668

Toll-free (800) 992-1817
Fax (360) 514-1664
Website www.doh.wa.gov/WBCHP/

CARING PREGNANCY CENTER

1010 Fir, Longview, WA 98632

Phone (360) 636-3333
Fax (360) 636-1011

Pregnancy testing, English/Spanish counseling, referrals for adoption if requested, maternity clothes and infant accessories; prenatal/postnatal education.

FAMILY PLANNING

FAMILY HEALTH CENTER WAHAKIYAKUM CLINIC

355 Una Ave, Cathlamet, WA 98612

Phone (360)795-3201

After hours..... (360)636-9502

Excepting most insurances, Medicare-Medicaid and uninsured accepted

FAMILY HEALTH CENTER, LONGVIEW CLINIC

1057 12th Avenue, Longview, WA 98632

Phone (360)636-3892

Fax (360) 414-1342

Website www.cowlitzfamilyhealth.org

Family planning and women's health exams, Pap smears, sexually transmitted disease screening/treatment, pregnancy testing/counseling, sterilization counseling/referral, birth control. Sliding fee scale.

FAMILY PLANNING OUTREACH

DEPARTMENT OF SOCIAL AND HEALTH SERVICES

711 Vine Street, Kelso, WA 98626

Phone (360) 501-2400

Help to women and men wanting to access family planning. Medicaid coupon not necessary.

SUICIDE HOTLINES

NATIONAL SUICIDE HOTLINES

Phone (800) 273-TALK

Or (800) 273-8255

Toll-Free. Available 24 hours/ 7 days a week.

Website www.suicidepreventionlifeline.org/

YOUTH SUICIDE PREVENTION PROGRAM

Phone (800) 273-TALK

Website www.yspp.org

The Youth Suicide Prevention Program seeks to reduce suicide attempts and deaths among Washington State youth by building public awareness, offering training, and supporting communities taking action.

HOLIDAY ASSISTANCE

STARS PROGRAM OF WAHKIAKUM COUNTY

Novalee Knopp, Coordinator

Phone..... (360) 431-5232

Christmas gift assistance to Wahkiakum County families in need for their children ages 17 and under. The program starts taking referrals from agencies, community members or families early in November. Applications can be found at Wahkiakum County Health & Human Services and the Sheriff's Department.

WAHKIAKUM FOOD PANTRY

42 Elochoman Valley Rd, Cathlamet, WA 98612

Phone..... (360) 849-9619

Toll Free (800) 635-5989

Holiday food baskets are available in November and December for Wahkiakum County residents. Contact Wahkiakum County Health & Human Services at (360) 795-8630 for sign up dates and more information.

WAHKIAKUM COUNTY SHOP WITH A COP

Referral only program. Referrals submitted to the Wahkiakum County Sheriff's Office. Forms can be found at www.co.wahkiakum.wa.us/149/Sheriffs-Office. Contact the Sheriff's Office with any questions.

Phone..... (360) 795-3242

HOUSING

COMMUNITY HOUSE ON BROADWAY

HOMELESS SHELTER

1105 Broadway, Longview, WA 98632

Phone..... (360) 425-8679

Fax (360) 425-5949

Temporary housing for homeless individuals and families, meals, emergency clothing, mental health/substance abuse/employment counseling; homeless recovery curriculum dealing with issues of parenting, anger management, self-esteem, and basic living skills. Individualized case management. Individuals under 18 years of age must be accompanied by a parent. Background check on all potential residents. Community House is an alcohol/drug-free and safe environment.

COWLITZ TRIBAL HOUSING AT ST. MARY'S CENTER

St. Mary's Center, 107 Spencer Road, Toledo, WA

Phone..... (360) 583-3139

Fax (360) 864-8722

HABITAT FOR HUMANITY

Cowlitz Office

1323 13th Ave S. Kelso, WA 98626

PO Box 1451, Longview, WA 98632

Phone (360) 425-6177

Phone Store (360) 636-6765

Website www.cowlitzhabiat.org

A non-profit group whose mission is to eliminate sub-standard housing one family at a time.

HOUSING OPPORTUNITIES OF SW WASHINGTON

820 11th Ave, Longview, WA 98632

Phone (360) 423-0140

Toll Free (866) 570-8840

Fax (360) 425-9930

Section 8 housing assistance program for low-income families, elderly and handicapped/disabled individuals in Cowlitz, Wahkiakum, and Pacific Counties. Income-eligible applicants will be placed on a waiting list.

LOWER COLUMBIA CAP

1526 Commerce Avenue, Longview, WA 98632

Phone (360) 425-3430

Toll Free (800) 383-2101

Website www.lowercolumbiacap.org

Supporting families through tough times. Housing, energy assistance, housing rehabilitation and weatherization. Call for information.

LOVE OVERWHELMING

304 Academy St, PO Box 1104, Kelso, WA 98626

Phone (360) 560-3913

Email cluther@loveoverwhelming.org

Website www.linkincowlitzcounty.org/resource/love-overwhelming

Housing & Resource Center serves households who are experiencing homelessness or who are at risk of becoming homeless in Cowlitz County. Assessment, referral, and support services to access: Emergency Shelter, Housing solutions, Rental assistance options, Prevention & Diversion services Residential Supportive Services options, Transportation for medical appointment services, Chemical Dependency services (detox, in-patient, outpatient) Mental Health support services, Medical systems of care

CHARLOTTE HOUSE, THE LEGAL ADVOCACY

DOMESTIC VIOLENCE SHELTER AND ADVOCATES

PO Box 642, Cathlamet, WA 98612

Phone (360) 795-6401

Fax (360) 795-0806

Toll free (866) 795-9381

24-HR HOTLINE (360) 795-6400

(FOR DV ADVOCATE ON CALL)

Website www.stjamesfamilycenter.org

Legal advocacy for victims of domestic violence including information, assistance with completing and filing protection orders or restraining orders, and accompaniment to court proceedings. Referrals made to legal services when legal counsel is needed. Medical and sexual assault advocates.

LEGAL

COURT-APPOINTED SPECIAL ADVOCATES (CASA) 922

Fir Street, Longview, WA 98632

Phone (360) 414-5212

Fax (360) 425-6369

Website www.casaforchildren.org/

Volunteer advocates for a neglected or abused child are appointed by a judge to thoroughly investigate the child's world, talking with everyone who is an important part of the child's life. The volunteer speaks for the child's best interests in court and will monitor the situation to help make sure that all the child's needs are met. Anyone 21 years or older may apply to become a CASA volunteer by contacting the local CASA office for training.

NORTHWEST JUSTICE PROJECT

CLEAR (Coordinated Legal Education, Advice and Referral)

Phone (888) 201-1014

Phone (Seniors 60+) (888) 387-7111

Website www.nwjustice.org

Toll free telephone service for low-income people to obtain free legal assistance with civil (non-criminal) problems. Call between 9:15 a.m. and 12:15 p.m. Monday – Friday for screening, information, and referral.

CRIME VICTIM ADVOCACY PROGRAM

600 Broadway building B, Longview WA 98632

Phone (360) 703-3762

After hours & weekends (888) 288-9221

Website www.cowlitzcvap.com

All services are free & confidential.

LIBRARY

CATHLAMET PUBLIC LIBRARY

100 Main St., Cathlamet, WA 98612

Phone (360) 795-3254

Fax (360) 795-8500

Website www.cathlamet.lib.wa.us/

Two-week checkout on books and magazines, one-week checkout on videos and DVD's. Free internet access and inter-library loans. Children's summer reading program.

GRAYS RIVER VALLEY/ JOHNSON PARK LIBRARY

(Old Rosburg School) Rosburg, WA 98643

Phone (360) 465-2775

Events Coordinator (360) 465-2331

Open Tuesday & Thursday 12pm to 5pm unless otherwise scheduled.

LONGVIEW PUBLIC LIBRARY

1600 Louisiana St., Longview, WA 98638

Phone (360) 442-5300

Website www.longviewlibrary.org

Collection of Longview history literacy services. Public internet available.

TIMBERLAND REGIONAL LIBRARY

4 Parpala Road, Naselle, WA 98638

Phone (360) 484-3877

Fax (360) 484-3445

Website www.trlib.org

Books, Videos, DVD's, CD's, Audio Cassettes, newspapers, and magazines for all ages. Programs and events for children and adults. One-hour computer sessions by reservation. Free wireless internet access during regular open hours.

MULTICULTURAL

COWLITZ INDIAN TRIBE

Administration

1055 9th Ave, Ste B, Longview, WA 98632

Phone

.....
..... (360) 577-8140

Offering health service, tribal housing, Ethnic support, Indian education to Native Americans in Cowlitz and Wahkiakum Counties.

ENGLISH AS A SECOND LANGUAGE (ESL)

LOWER COLUMBIA COLLEGE

1600 Maple Street, Longview, WA 98632

Phone

.....
..... (360) 442-2580

Fax

.....
..... (360) 442-2589

www.lowercolumbia.edu

ESL classes are designed to teach immigrants reading, writing and speaking. Fees are \$25/quarter, waived for those not working or on TANF.

INTERPRETATION AND TRANSLATION SERVICES

ETHNIC SUPPORT COUNCIL

1213 14th Ave, Longview WA Phone (360) 636-2791

www.ethnicsupportcouncil.org

Assistance for non-English speaking residents in medical, educational, mental health, job training situations, and referrals to local service agencies. Advocacy, cultural education and services to help refugees and immigrants with resettlement.

Spanish-speaking staff is available at all times. The following languages are available by appointment: Albanian, Cambodian, Chinese, Dutch, Finnish, Flemish, German, Hungarian, Italian, Norwegian, Polish, Russian, Swedish, Tagalog, and. Vietnamese.

PETS/ ANIMAL WELFARE

WAHIAKUM ANIMAL ADVOCATES GROUP (WAAG)

PO Box 231, Cathlamet WA 98612

Phone (360) 504-6336

Email wahkiakumagg@gmail.com

Nonprofit agency working with local shelters and law enforcement to help displaced animals and assisting with reducing neglect and abuse.

COUNTRY PET VETERINARY CLINIC

300 Parpala Rd., Naselle, WA 98638

Phone (360) 484-7228

Toll-free (888) 452-0326

Email info@countrypetvet.com

COWLITZ ANIMAL CLINIC

763 Commerce, Longview WA 98632

Phone (360) 425-6440

Website www.cowlitzanimalclinic.com/

LOWER COLUMBIA VETERINARY CLINIC

940 14TH Ave, Longview, WA 98612

Phone (360) 636-1801

Website www.lowercolumbiaveterinaryclinic.com/

HUMANE SOCIETY OF COWLITZ COUNTY AND ANIMAL CONTROL CENTER

909 Columbia Blvd., Longview, WA 98632

Phone (360) 577-0151

Lost Pet Hotline Phone (360) 425-7000

Fax (360) 414-0520

Website www.cowlitzhumane.com

Dog bite prevention education, spay/neuter assistance program, pet adoption, lost and found pet service, pets as therapy and animal-assisted visitation activities, shelter tours.

VCA OCEAN BEACH ANIMAL HOSPITAL

4011 Ocean Beach Hwy, Longview, WA 98632

Phone (360) 423-4069

Or (360) 200-4201

Toll-free (800) 822-7387

AUNT "B" GROOMING

RECREATION

COUNTY LINE PARK

SR 4 between Wahkiakum and Cowlitz County

Phone..... (360) 795-3501

Website www.cathlametmarina.org/county-line-park

Day use and overnight park on the "county line" between Wahkiakum and Cowlitz Counties on the Columbia River.

ELOCHOMAN SLOUGH MARINA

500 2nd Street, Cathlamet, WA 98612

Phone..... (360) 795-3501

Fax (360) 795-3378

Website www.cathlametmarina.org/

Boat moorage, marine fuel dock. Moorage fees: permanent and transient moorage. Camping: Full hookups, dry camping for tents and RV's. Restrooms and showers. Closed Sundays year-round.



Elochoman slough marina

ERICKSON CITY PARK

603 Columbia Street, Cathlamet, WA 98612

Phone..... (360) 795-3203

Fax (360) 795-8500

Website www.townofcathlamet.com/

Covered picnic area, running water, electrical outlets, barbeques, horseshoe pits, tennis court, basketball court, play equipment and swings. Park available for picnics, family reunions, class reunions, etc. Check with City Hall at 795-3203 for availability and fees

FRIENDS OF SKAMOKAWA/ RIVER LIFE INTERPRETIVE CENTER

REDMAN HALL

1394 SR 4 West, Skamokawa, WA 98647

Phone (360) 795-3007

Fax (360) 795-8119

Website www.redmenhall.blogspot.com/
www.friendsofskamokawa.org

National historic site, 1894 schoolhouse with bell tower, affords full view of Lower Columbia River from Skamokawa to Astoria on Lewis and Clark Trail. Historic/cultural exhibits and lectures on the Lower Columbia region. Bookshop; arts and crafts for sale. Open Thursday –Sunday, 12–4pm.

GRAYS RIVER VALLEY/ JOHNSON PARK FACILITY

(Old Rosburg School) Rosburg, WA 98643

Phone (360) 465-2310

Open Tuesday- Saturday 12-5pm. Call or check location calendar for available times for the following:

JULIA BUTLER HANSEN SWIMMING POOL

Next to Wahkiakum High School, Cathlamet, WA 98612

Phone (360) 795-3203

Summer swimming lessons for children, water exercises, open swim, late night swimming and lap swimming. Open summer months. Closed all Sundays, holidays and local event days such as Bald Eagle Day and the County Fair. Call 795-6515 for more information on schedules and fees.

SKAMOKAWA VISTA PARK

13 Vista Park Road, Skamokawa, WA 98647

Phone (360) 795-8605

Website www.skamokawavistapark.org
www.wahport2.org

Yurts and tent and RV campsites. Restrooms, showers, fire pits. Family picnic facilities, tennis courts, baseball field, boat ramp. 7 a.m. to dusk all year. Reservations recommended especially during summer months and holidays. Seven-day camping limit.

WAHKIAKUM COUNTY HISTORICAL SOCIETY MUSEUM

65 River Street, Cathlamet, WA 98612

Phone Carry Kandoll Curator (360) 849-4353

Email wahkiakumhistory@gmail.com

Museum featuring early day Wahkiakum farming, logging and fishing artifacts. Gift shop. Open the first full weekend in May to the last full weekend in October hours of 1 to 4

Saturday and Sunday. Volunteers needed and memberships available.



Wahkiakum County Historical Society Museum

ASTORIA AREA

AQUATIC CENTER

1997 Marine Drive, Astoria

Phone (503) 325-7027

MARITIME MUSEUM

1792 Marine Dr Astoria, OR 97103

Phone (503) 325-2323

The Columbia River Maritime Museum of maritime history located about ten miles from the mouth of the Columbia River in Astoria, Oregon.

ENTERTAINMENT

Regal Three Rivers Mall

341 Three Rivers Dr, Kelso, WA 98626

Phone (844) 462-7342

Astoria Gateway Cinemas

1875 Marine Drive, Astoria

Phone (503) 338-6575

Columbian Theater

1102 Marine Drive, Astoria

Phone (503) 325-3516

Neptune Theatre

809 Ocean Beach Blvd. S. Long Beach WA

Phone (360) 642-8888

Columbia Theater
1231 Vandercook Way, Longview
Phone (360) 575-8499

Stageworks NW Theater
1433 Commerce Ave Longview
Phone (360) 636-4488

LONGVIEW AREA

LONGVIEW PARKS AND RECREATION DEPARTMENT

1525 Broadway, Longview, WA 98632
Phone (360) 442-5000
Website www.mylongview.com/parks_rec/

Programs for preschool, youth, teens, families, adults and senior adults: Sporting events and leagues, arts and crafts, dance, special events, cultural activities, music, educational programs, exercise, fitness, technology, language and enrichment. Pre-registration is required for most classes by calling 442-5400 8-5 Monday-Friday.

Programs for developmentally disabled adults and children: Adult therapeutic program ages 18 and over, Saturday afternoon social club at Elks Lodge, 2121 Kessler Blvd., Longview. Call 442-5400 for information, 8-5 Monday-Friday. Special Olympics for developmentally disabled children and adults. Call 442-5400 for information, 8-5 Monday-Friday.

Facility Rentals: Indoor and outdoor. Commercial, private and non-profit rates.

YMCA OF SOUTHWEST WASHINGTON

766 15th Avenue, Longview, WA 98632-7446
Phone (360) 423-4770
Fax (360) 423-4777
Website www.ymca.net/yprofile/

Open 7 days a week; call for hours of operation. Programs and facilities include health and fitness, aquatics, camping, family, childcare, community development, sports. Programs for families and teens. Membership fees apply.

RECYCLING/ DONATION AND WASTE DISPOSAL

WAHKIAKUM COUNTY PUBLIC WORKS DEPARTMENT

64 Main Street, Cathlamet, WA

Phone (360) 795-3301

Fax (360) 795-0342

Recycling Information(800) RECYCLE

Website www.co.wahkiakum.wa.us

Recycling containers are located at the Fire Hall on Puget Island, near the Skamokawa Fire Hall, Wahkiakum High School parking lot and the Solid Waste Transfer Facility on KM. Materials accepted are cardboard, mixed paper, plastics marked 1 and 2, aluminum and tin cans. Receptacles for used motor oil located at the KM facility and near Cathlamet Chevron.

KM facility transfer station hours: Thursdays and Saturdays, 8 a.m. - 4 p.m. Green and white glass, aluminum and tin cans, mixed papers and 1PET and 1HDPE plastics accepted. Bicycles, water heaters, household appliances with doors removed, barrels with 1 end cut off, empty/lidless paint and chemical containers and motor oil also accepted. No brush, lumber, gas or propane tanks, car bodies, asbestos, dead animals or batteries.

Household hazardous waste: Waste Control Third Avenue Transfer Station, 1150 3rd Avenue, Longview, 9:30–11:30 a.m. Tuesdays and Saturdays.

For Holiday Hours Call (360) 425-4302

For recorded information call (360) 577-3126

In Wahkiakum County, an annual hazardous waste collection day is held each spring on a Saturday morning.

VEHICLE DONATION PROCESSING CENTER – Kars 4 Kids

626 S. Primrose Avenue; Monrovia, CA 91016-3434

Toll-free (866) 402-6447

Donate your running or non-running vehicle to charity. Someone will pick it up from your location. Must have vehicle title; tires must be inflated. Donor makes arrangements with transport company for pick-up of vehicle.

VEHICLE DONATION CENTER

Toll Free (800) 576-2956

Free pickup; tax deduction. Will pick up vehicles, running or not. Donations to charity of real estate, lots, boats, RV's and more accepted.

SENIOR SERVICES

AREA AGENCY ON AGING AND DISABILITIES SOUTHWEST WASHINGTON

305 S. Pacific Suite B, Kelso, WA 98626

Phone (360) 577-5291

Website www.helpingelders.org

AAADSW is a public service agency solely dedicated to helping persons aged 60 and over, adults with disabilities access needed community services. AAADSW directly provides specialized services through Senior Information & Assistance.

AARP AMERICAN ASSOCIATION OF RETIRED PERSONS

Phone (866) 654-5572

Website www.aarp.org

For health care reform or opinion www.healthactionnow.org

To enrich the process of aging for each individual member and society as a whole, AARP focuses on issues of health and wellness, economic security and work, long-term care, independent living and personal enrichment. Education and information, opportunities for service and community involvement, wide range of services, products and discounts to members 50 years of age and over. National chapter dues \$12.50 per year; local chapter \$4.00 per year.

CATHOLIC COMMUNITY SERVICES - VOLUNTEER CHORE

626 26th Avenue, Longview, WA 98632

Phone (360) 577-2200

Toll Free (888) 649-6734

Fax (360) 577-2205

Website www.ccsww

Volunteer transportation, housekeeping, laundry, shopping assistance, meal preparation, yard work, minor household repairs and counseling. Services are free of charge to low-income elderly and disabled adults who qualify. Service is statewide and provided by volunteers. Hours: Mon - Fri: 8:00 a.m.-4:30 p.m.

**EYECARE AMERICA
SENIOR EYE CARE PROJECT**

P.O. Box 429098, San Francisco, CA 94142-9098

Phone (877) 887-6327

Fax (415) 561-8567

Website www.eyecareamerica.org

Medical eye care for financially disadvantaged seniors. Volunteer ophthalmologists bill Medicare and private health insurances. Fees for examination and treatment are waived up to one year. Qualification determined over the telephone. Must be age 65+; citizenship or legal residency; and not recently seen by an ophthalmologist in the last three years. Eyeglasses, prescriptions, hospital services and fees of other medical professionals not covered. Referral letter mailed to client. Non-profit.

ADULT PROTECTIVE SERVICES:

Phone (360) 501-2500

Toll Free (877) 734-6277

Website www.dshs.wa.gov/altsa/home-and-community-services/report-concerns-involving-vulnerable-adults

Advocacy for the rights of residents in long-term care facilities. No fees. Call the hotline for resolving questions or concerns about nursing homes, assisted living homes and adult family homes. Non-profit.

LOWER COLUMBIA COMMUNITY ACTION COUNCIL (CAP)

1526 Commerce Avenue, Longview, WA 98632

Phone (360) 425-3430 ext 240 or 259

Website www.lowercolumbiacap.org/get-help/senior-services/

"ARE YOU O.K.?" - "R.U.O.K.?"

Volunteers call shut-ins (seniors and physically challenged persons living alone without a support system) at the same time each day, seven days a week. If the client does not answer, the volunteer calls back in 15 minutes a second and third time. If the client does not answer by the third call, the volunteer calls the "contact person(s)" provided by the client for emergencies. If the emergency contact cannot be reached, a police officer is sent to the client's home to check on the client.....(360) 425-3430 EXT 240 & 259

Home-delivered meals (cap)

Delivery of frozen meals to homebound Wahkiakum clients at least 60 years of age who meet criteria for vulnerability. Special dietary needs can be met most of the time. Donation of \$3.00 per meal is suggested. Authorization is made through Senior Information and Assistance at (360) 577-4929, then referred to CAP Nutrition Program to start

delivery. This service is also available to the general public at \$3 per meal with over 30 entrees to choose from.

In-home care (cap)

Service for physically challenged persons over 18 years of age and seniors who need in-home services to enable them to live at home. Services include personal care, bathing, toileting, cooking, respite care, and household chores. Fee depends on income. Weekend care available with supervisory personnel.

Long-term care ombudsmen (cap)

Volunteer ombudsmen investigate concerns from nursing home residents or others on their behalf relating to rights, services and benefits, mediate disputes between residents and health care providers, staff and advocate for the consumer when their rights have been violated or are not receiving proper care or assistance. No fees. Thirty hours of training offered free of charge twice a year to volunteers. Mileage reimbursement. Anyone who has not worked in a nursing facility within three years can become a volunteer ombudsman. State Ombudsman (800) 562-6028.

Respite care (cap)

Time off for caregivers who have the responsibility of continuous care for a spouse, relative or friend. This time off can be either planned or provided on an emergency basis. Fees depend on income level. Respite can be provided to any eligible person over the age of 18 in Cowlitz or Wahkiakum Counties. Evening care as well as some Saturdays and Sundays provided, depending on availability of workers.

Retired and senior volunteer program (rsvp)

Assists senior citizens 60 years old and older find meaningful volunteer opportunities in Wahkiakum and Cowlitz Counties, including becoming a Statewide Health Insurance Advisor (SHIBA), installing wheelchair ramps and independent living devices, giving rides to medical appointments for Medicaid recipients, Project Warmup (knitting and crocheting), etc. Call to find out how to fill a need -- and find your niche!

Senior lunches (cap): Cathlamet and Rosburg

Hot lunches to seniors 60 years of age and up in a community meal setting at two sites. Spouses under age 60 are welcome. Suggested donation \$3.00 per meal. Call for reservations a day ahead. Lunch served at noon every Thursday at the Rosburg Hall and every Thursday in Cathlamet at the Congregational Church, 3rd and Maple.

Senior transportation (cap)

Door-to-door van transportation for seniors to Longview. Individual trips to medical appointments on weekdays. No

fees for those over 60. Donations accepted. Call 24 hours ahead.

Scheduled van trips: Cathlamet/ Skamokawa: Every first Wednesday, pick up about 9 a.m., arrive Longview about 10. Return trip: Leave Fred Meyer at 2 p.m., arrive home approximately 3 p.m.

Rosburg: Every first Wednesday, pickup about 8:30 a.m., arrive Longview about 10:30. Return trip: Leave Longview at 2 p.m., arrive home approximately 3:30.

LONGVIEW COMMUNITY HOME HEALTH & HOSPICE

1035 11th Av, Longview, WA 98632

Phone360) 425-8510

Phone (800) 378-8510

Website www.chhh.org

Home care private duty, home health, hospice and grief support services.

STATE HEALTH INSURANCE BENEFITS ADVISORS (SHIBA)

1526 Commerce Avenue, Longview, WA 98632

Phone (360) 270-6077

Website www.insurance.wa.gov

State SHIBA Helpline (800) 562-690

Trained volunteers assist seniors and others with health care issues such as saving money, making sense of confusing information, making better choices about coverage, and helping consumers understand their rights and options regarding health insurance, prescription drugs, government programs, and more. No charge for these services.

WEDNESDAY SENIOR LUNCH BUNCH

Rosburg Community Hall at 28 Rosburg Hall Road

(Altoona – Pillar Rock Road, just before the bridge)

Rosburg, WA 98647

Offering 2 different Senior lunch options.

The 1st and 3rd Wednesday each month at 12pm

Call Diane for info..... (303) 913-4991

C.A.P. Services every Thursday at 12pm

Call to make a reservation(360) 425-3430 ext 259

Rosburg Hall Phone..... (360) 465-2691

Food and fellowship for anyone 50 and over in the Rosburg, Grays River and Naselle areas. Nutritious home-style meal served every Wednesday at noon. Suggested donation is \$5.00 per person.

ASSISTED LIVING FACILITIES – ACCEPTS MEDICAID

DELAWARE PLAZA RETIREMENT INN

926 Delaware Street, Longview WA 98632

Phone..... (360) 423-3333

NEW WESTSIDE TERRACE (NWST)

1200 17TH Ave Longview, WA 98632

Phone..... (360) 423-9392

PRESTIGE SENIOR LIVING MONTICELLO PARK

605 Broadway Street, Longview WA 98632

Phone..... (360) 575-1778

SOMERSET RETIREMENT APARTMENTS

2025 Tibbetts Dr, Longview, WA 98632

Phone..... (360) 423-7392

SPECIAL NEEDS

ARC OF COWLITZ VALLEY

906 New York St. Longview, WA 98626

Phone..... (360) 425-5494

(360) 577-9093

Email.....thearcofcowlitz@lifeworkswa.org

Website..... www.lifeworkswa.org

Social services to children and adults with disabilities and their families, educational support to parents and informal counseling to families in crisis. Guardianship for individuals when no other resource can be identified, and referrals to local attorneys and assistance for parents wishing to become their own child's guardian. Assistance with housing, food, financial resources, and accessing medical/dental/mental health services. Children and adults must have a developmental disability (or be attending a special education program) to qualify.

DIVISION OF DEVELOPMENTAL DISABILITIES

WASHINGTON STATE DEPT. OF SOCIAL & HEALTH SERVICES

711 Vine, Kelso, WA 98626

Phone..... (360) 501-2233

Fax..... (800) 833-7410

TTY..... (800) 833-6384

Website..... www.dshs.wa.gov/node/30062

Division of Developmental Disabilities (DDD) is part of DSHS' Aging and Disability Services Administration (ADSA). DDD assists individuals with developmental disabilities and their

families to obtain services and supports based on individual preferences, capabilities and needs. For more information, call the number above or review the website.

**OFFICE OF THE DEAF AND HARD OF HEARING
WASHINGTON ST. DEPT. OF SOCIAL & HEALTH
SERVICES**

P.O. Box 45301, Olympia, WA 98504-5301

Phone (800) 422-7930

TTY Phone (360) 725-3450

Fax (360) 725-3456

Website www.odhh.dshs.wa.gov

Services to people who are deaf, hard of hearing, deaf-blind and speech disabled. Information, referral and advocacy, assistive technology, sign language interpreter management, etc. Telecommunication Equipment Distribution (TED) program enables independent telephone use. Washington State residents age 4 or older may apply for a telecommunication and a signaling device. No income restrictions for TED. Sliding scale fees apply.

PAVE (PARENTS ARE VITAL IN EDUICATION)

6316 South 12th Street, Tacoma, WA 98465

Phone (253) 565- 2266

Fax (253) 566-8052

In-state toll free:(800) 5-PARENT

Email pave@wapave.org

Website www.wapave.org

Parent Training Project: Training and support to parents in Washington State whose children have special learning needs. Various workshops on how to obtain appropriate services in the public school system. One-to-one training and information for parents

**WASHINGTON ASSISTIVE TECHNOLOGY ACT
PROGRAM**

Phone (800) 214-8731

TTY Phone (206) 616-3980

Website www.watap.org

“WATAP” is located within the U of W Center for Technology and Disabilities Studies and serves Washington residents of all ages with disabilities of all types, their families, employers and employment service providers, educators, health care and social service providers, and others seeking information about assistive technology (AT) and accessible information technology. Short-term loans of AT devices and AT loans to access modifications to homes and vehicles are available. “Telework” loans are available for equipment needed by

employees and entrepreneurs with disabilities who choose to work from home or other “telework” locations. Long-term rentals of closed-circuit TV magnifiers are available also.

WASHINGTON STATE DEPT. OF SERVICES FOR THE BLIND

2214 E. 13th Street, Suite 208, Vancouver, WA 98661-4120
Phone..... (360) 735-5190
Fax (360) 690-4663
Website www.dsb.wa.gov/contact-us/vancouver-office
Free vocational rehabilitation services to assist blind and/or visually impaired individuals to become employed or return to active employment. Child and family and independent living programs.

WASHINGTON STATE SCHOOL FOR THE DEAF

611 Grand Blvd., Vancouver, WA 98661
Phone..... (360) 696-6525
Fax (360) 696-6291
Email contact.wsd@cdhy.wa.gov
Website www.wsd.wa.gov
Academic programs for early childhood education through grade 12th, ages 3-21. Support services include psychological counseling and vocational education. Residential living, outreach, exchange program for public schools, day program. Recreation programs for residents and day students.

WASHINGTON TALKING BOOK & BRAILLE LIBRARY

2021 - 9th Avenue, Seattle, WA 98121-2783
Toll-free (800) 542-0866
Phone (206) 615-0400
Fax (206) 615-0437
Website www.wtbbl.org
Free library service to individuals who are unable to read regular print due to vision loss or a physical or reading disability.

SUPPORT GROUPS

ALZHEIMER'S DISEASE SUPPORT GROUPS

ALZHEIMER'S ASSOCIATION OF SOUTHWEST WASHINGTON

Phone..... (800) 272-3900
Website www.alzwa.org

Wahkiakum County: Anyone interested in a group may call (360) 465-2370 (evenings).

Longview/Kelso: Day Group: 1st Tuesday of month, 10 a.m., Canterbury Gardens, 1457 3rd Ave., Longview - (360) 423-2200

Evening Group: 3rd Monday of month, 6:30 to 8 p.m. at St. Stephens Episcopal Church, 1428 22nd Avenue, Longview

BEREAVEMENT SUPPORT

AARP

Meets the 2nd Friday and 3rd Saturday at 1 p.m. at Delaware Plaza, 926 Delaware St., Longview

Phone (360) 423-3333

COMMUNITY HOME HEALTH & HOSPICE

1035 11th Avenue, Longview, WA 98632

Adult Groups: Daytime: 1st & 3rd Mondays, 1-2:30 p.m.

Nadene Matthews (360) 414-5465

Evenings: 1st and 3rd Mondays, 6:30-8:30 p.m.

Linda Erickson..... (360) 414-5462

Teen Group (ages 13-19) 2nd & 4th Mondays, 6:30-7:30 p.m.;

Tamara Thiessen (360) 414- 5481

Children's Group (ages 6-12):

For information call Jennie Murphy (360) 414-5419

"Two Years and Over" Grief Group: Every 2nd Monday from 6:30-8:30 p.m. (enter through Hospice Care Center)

Contact Linda Erickson (360) 414-5462

ST. JOHN MEDICAL CENTER, Spiritual Care Department

Bi-monthly, 4-to-5-week sessions. For schedule and information, call Elizabeth Meharg..... (360) 414-7575

CANCER SUPPORT

"I UNDERSTAND" (Breast Cancer)

Women's Health Pavilion,

1660 Delaware St. Longview, WA 98632

Phone (360) 215-8655

Women with breast cancer can meet with others who share their experience and gain information and support as they work to get well and stay well. The format provides a full spectrum of information about breast cancer in an informal atmosphere of mutual support and sharing. Meets monthly at the Women's Health Pavilion on the 4th Monday of the month at 6:30 p.m. For more information, call (360) 414-2707.

"LEARNING TO LIVE WITH CANCER"

PeaceHealth Longview, WA

Phone (360) 414-7860

Fax (360) 414-7878
Website www.peacehealth.org
Structured group education program of the American Cancer Society for adult cancer patients, their family members and friends. Information about cancer, treatment and side effects and psychosocial aspects. Call above numbers for schedules. "Look Good Feel Better" and "Reach to Recovery" also offered; call above number for schedules.

NEW HOPE CANCER RECOVERY

Father's House
1315 Commerce Avenue, Longview, WA 98632
Phone (360) 957-1568
Website www.newhopecancerrecovery.com
Support group for individuals and their families suffering from all types of cancer. Joint group for men and women meets at 6:30 p.m. on the 2nd Monday of each month.

DRUNK DRIVING VICTIMS

MOTHERS AGAINST DRUNK DRIVING (M.A.D.D.)

P.O. Box 3216, Ferndale, WA 98248
Phone (469) 420-4544
Website www.wa.state@madd.org
Support group for victims of drunk driving crashes and their families. The group provides victim assistance and emotional support. Victim advocate Marilyn LaBerge at 360 425-3500

FIBROMYALGIA SUPPORT

YOUR FIBROMYALGIA RESOURCE

Website www.fibromyalgia.com
Information, education and support for people and family members with fibromyalgia.

MULTIPLE SCLEROSIS SUPPORT

NATIONAL MULTIPLE SCLEROSIS SOCIETY GREATER WASHINGTON CHAPTER

180 Nickerson St Ste 100, Seattle, WA 98109
Phone (800) 344-4867
Website www.nationalmssociety.org
Support groups, equipment assistance, counseling services, information and referral, education workshops and advocacy.

PARENTING SUPPORT

ST. JAMES FAMILY CENTER

1134 Columbia Street, Cathlamet WA 98612

Phone (360) 795-8612

Fax (360) 795-6027

Website www.stjamesfamilycenter.org

Weekly play groups available for parents with at least one child 0-5 years of age

SUBSTANCE USE DISORDER SUPPORT

AL-ANON

Longview/Kelso

Phone (360) 423-2520

Website www.al-anon.org

To help families and friends of alcoholics recover from the effects of living with the problem drinking/drugs.

ALCOHOLICS ANONYMOUS

Hope Center

3rd & Maple Cathlamet, WA 98612

Wednesday 8pm, Friday 8pm, Sundays 6pm

Website www.aa.org

Membership opens to anyone and is a self-supporting, apolitical, nondenominational, multi-racial, no age or educational requirements support group.

ACOA MEETINGS

1414 12th Ave, Longview, WA 98632

Wednesday 5:30

TRANSPORTATION

RIVER CITIES TRANSIT)

Transit Center 1135 - 12th Avenue, Longview, WA 98632

Phone (360) 442-5663

Website www.rctransit.org

Offers public transportation within the Longview-Kelso city limits. Five routes leave the Transit Center every hour on the hour. All routes operate 7 a.m. to 7 p.m. Monday-Friday. Some Saturday routes, 8 a.m. to 6 p.m. No service Sundays or major holidays. Bus schedules and information available by contacting the office or in the front of the Longview area Dex telephone directory.

River Cities Transit/ LIFT: Transportation for the disabled unable to use the fixed route buses. Advanced certification of disability required in order to use paratransit service.

www.rctransit.org/lift for LIFT application.

WAHKIAKUM FERRY

WAHKIAKUM COUNTY PUBLIC WORKS DEPARTMENT

64 Main Street St Cathlamet, WA 98612

3rd floor of the Courthouse

Phone (360) 795-3301

Fax (360) 795-0342

Website www.co.wahkiakum.wa.us

Transportation on the last ferry on the Lower Columbia River, between Puget Island, Washington and Westport, Oregon.

Schedule:

Leaves Puget Island every hour on the hour, first run at 5:00 a.m.; last run 10:00 p.m. Return trip leaves Westport every quarter past the hour, from 5:15 a.m. to 10:15 p.m.

COMMUNITY IN MOTION

312 SE Stone Mill Dr, Suite 115, Vancouver WA 98684

Toll Free (800) 752-9422

Fax (360) 694-1446

Website www.communityinmotion.org

Wahkiakum County Medicaid recipients may receive transportation assistance through gas vouchers, mileage reimbursement, bus tickets, volunteers or paratransit services to medical appointments with physicians, dentists, outpatient hospitals, inpatient hospitals and urgent care clinics. Medicaid recipients may call the above toll-free number Monday-Friday, 8 a.m. to 5 p.m., for eligibility and transportation arrangements. Call at least three full working days before a scheduled medical appointment.

RADIATION THERAPY VAN ST. JOHN MEDICAL CENTER

Longview, WA 98632

Phone (360) 636-4841

The radiation therapy van provides rides to scheduled radiation therapy appointments five days a week. No fees but donations are accepted. After initial treatment consultation, transportation arrangements may be made through Radiation Therapy.

UTILITIES

WAHKIAKUM PUD

42 River St, PO Box 248, Cathlamet

Phone (360) 795-3266

TELEPHONE/TV/INTERNET

CENTURY LINK

Phone..... (800) 201-4099

SPECTRUM – INTERNET, PHONE AND CABLE

Phone (866) 485-7228

Website www.spectruminformation.com

WAHKIAKUM WEST – Telephone/TV/ Internet

19 Miller Point Road, Rosburg, WA 98643

Phone..... (360) 465-2211

(360) 465-2100 TV

COMCAST CABLE

Phone..... (800) 934-6489

COMPUTER LINK NW

140 3RD St, Cathlamet WA 98612

Phone..... (360) 795-5000

Website www.clnw.com

Internet assistance, computer training, computer support and repairs.

WATER/SEWER

CITY OF CATHLAMET

100 Main St Cathlamet

Phone..... (360) 795-3203

VETERAN SERVICES

COWLITZ VALLEY VFW POST 1045

Service Office

4307 Ocean Beach Hwy, Longview, WA 98632

Phone..... (360) 577-6757

Providing services to all veterans, and their dependents and survivors.

VETERAN SERVICE OFFICE

25 River Street Cathlamet, WA 98612

Phone..... (360) 795-3852

Located in the WSU extension office. Obtain records, claims and referrals. Vets helping vets. Open Thursday from 10 AM to 2 PM. Please leave a message. In accordance with Washington State law, Wahkiakum County has a fund for needy veterans. This fund provides for emergency needs.

YOUTH AND YOUNG ADULT SERVICES

BOY SCOUTS OF AMERICA

1339 Commerce Avenue, Suite 114, Longview, WA 98632
Phone (360) 423-6960
Website www.cpcbsa.org

The Boy Scouts of America has several programs. Cub Scouts is open to all boys' grades 1-5. Boy Scouts is for boys ages 11-18. Effective January 1, 2010, all other programs will have a \$15 annual national registration fee. Call for the name of the leader in your area.

BUILDERS CLUB

John C. Thomas Middle School, Cathlamet, WA 98612
Phone (360) 795-3261
Website www.buildersclub.org/

Middle and junior high school students serving children and the community by participating in community service projects. Membership open to middle school students. Builders Club is sponsored by Kiwanis.

CAMP FIRE USA - LOWER COLUMBIA COUNCIL

388 Salmon Creek Road, Toledo, WA 98591
Phone (360) 864-4259
Fax (360) 864-6874
Website www.campsingingwind.org

After-school clubs targeting K-12. Co-educational. Meetings throughout the year. Supervised day and overnight camps, trip and travel programs. Age appropriate youth, teen and family clubs.

4-H/YOUTH DEVELOPMENT

WSU EXTENSION
25 River Street Suite E, Cathlamet, WA 98612
Phone (360) 795-3278
Website www.wahkiakum.wsu.edu

Informal life skills youth development in a variety of programs including animal science (horses, dogs, cats, beef, dairy, rabbits, etc); family living; natural resources; creative arts and performing arts; leadership and citizenship; aerospace and rocketry; mechanical sciences, etc. Activities provided through 4-H clubs lead by 4-H volunteers. Minimal cost to join; no charge to income-qualifying families. Interested adults wanting to lead and teach youth are being recruited. 4-H volunteers receive training, leader and member publications along with access to state, regional, and national resources and training. Application, screening, and training required.

GIRL SCOUTS OF WESTERN WASHINGTON

Southern Counties Regional Office

655 Hudson Street #4, Longview, WA 98632-2910

Phone (360) 423-3800

Fax (360) 423-7714

Website www.girlscoutsww.org

For girls ages 5–17. Field trips, sports skill-building clinics, community service projects, cultural exchanges and environmental stewardships. Each troop sets troop dues which are in addition to national dues. Women and men interested in volunteering in a variety of capacities are encouraged to contact the Longview office at 423-3800.

KEY CLUB

Wahkiakum High School, Cathlamet, WA 98612

Phone (360) 795-3271

Website www.keyclub.org

High school students serving children and the community by participating in community service projects. Membership open to high school students. Key Club is sponsored by Kiwanis.

LONGVIEW GOODWILL INDUSTRIES

WIA Youth of Cowlitz and Wahkiakum Counties

1030 15th Ave Suite 300, Longview WA 98632

Phone (360) 501 8340

Programs for youth ages 16 to 21 helping to continue your education, prepare for a career, and go to college or training to get a job.

Website www.chamber.kelsolongviewchamber.org

WAHAKIYAKUM YOUTH BASEBALL

Cathlamet, WA 98612

Baseball programs for boys and girls ages 4-12. Fees apply. For registration and further information call or email:

Phone (360) 606-4638

Email wahkiakumyouthbaseball@outlook.com

WAHAKIYAKUM COUNTY SEARCH & RESCUE

Wahkiakum County Sheriff's office

Phone (360) 795-3242

Contact Bill Tawater at the Sheriff's office for additional information and requirements.

HISTORICAL INFORMATION

WAHKIAKUM COUNTY (wuh-Ki-uh-kuhm), the 3rd smallest county in Washington, was created by the territorial legislature in 1854. The name comes from a Kathlamet Indian village located on the north bank of the Columbia River near the present town of Cathlamet. Chief Wakaiyakam, whose name the village took, is buried in Pioneer Cemetery in Cathlamet. Wahkiakum means "tall timber" in Chinook.

CATHLAMET, county seat of Wahkiakum County, got its name from the Kathlamet Indians, a Chinook tribe. The tribal name comes from the Chinook word "calamet," meaning "stone" and was given to the tribe because they lived along a stretch of rocky river bed. Cathlamet was sighted in 1792 by Lt. W.R. Broughton, while verifying Capt. Robert Gray's reported discovery of the Columbia River. In 1805, the Lewis & Clark Expedition found the Kathlamet and Wahkiakum tribes living here during their Northwest Expedition and they camped at the present day Vista Park in Skamokawa where they traded with the Indians. James Birnie of Hudson Bay Company settled here in 1846 and named the area Birnie's Retreat. The name was later changed to Cathlamet in 1851.



Bridge over the Columbia to Puget Island from Cathlamet
Puget Island, was named in 1792 by Lieutenant Broughton on his exploration of the Columbia River. On October 26, 1792, Broughton sailed passed the island and named it for Lieutenant Peter Puget, the same person Puget Sound, near Seattle, Washington, was named for. This island, which lies across from Cathlamet, Washington, is connected to the mainland by Washington State Highway 409 bridge crossing the Cathlamet Channel. Wahkiakum County has operated a Puget Island to Westport ferry since 1962. The Ferry is the last ferry in existence on the Lower Columbia River.



Skamokawa, rests on the banks of the Columbia River and on WA 4. The town includes a post office, restaurant, and general store, along with a nearby historical museum and covered bridge. It is a local center for kayaking and fishing. This Washington town is located on the Columbia River at River Mile (RM) 33.5, where Steamboat Slough joins the mouth of the Skamokawa Creek. Skamokawa was founded in 1844. Originally the town was a river community known as "Little Venice", and was visited daily by large stern wheel steamboats running between Portland and Astoria and why many of the homes and businesses were built facing the river. In 1917 that the town was linked by road to the neighboring communities, and in the early 1930s Washington State Highway 4 was finished linking Skamokawa to the rest of the state.

Gray's River



The Grays River Covered Bridge was built in 1905 and covered in 1908. The house in the background is that of H.P. Ahlberg. Mr. Ahlberg was instrumental in getting the bridge built.



The story goes that the reason for covering the bridge is because the horses didn't like crossing the bridge when it was uncovered.

Pictures and content on the covered bridge supplied by Judy Durra.

Other communities in Wahkiakum County include Rosburg, and Deep River.

Population: According to the 2020 census the Wahkiakum County population is 4422 covering Cathlamet, Puget Island, Skamokawa, Rosburg, Grays River and Deep River.



The General Merchandise Store was built and owned by William and Alta Meserve in the late 1890's. Wm. Meserve had general merchandise, post office, barber shop, a two-lane bowling alley and a theater in his store.



This guide is proudly sponsored and produced by Wahkiakum County Health & Human Services.

“Caring and Working Toward a Healthier Community”

For the most up to date resource guide, please visit the Wahkiakum County Health & Human Services’ website at:

<https://www.co.wahkiakum.wa.us/572/Resources> or scan the QR code below.

